

Get out & WALK

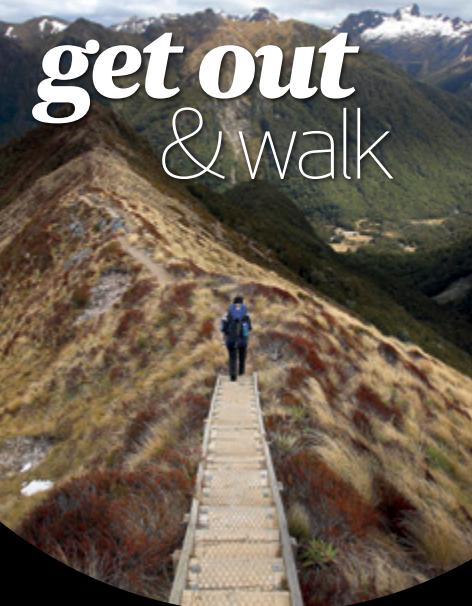
NEW ZEALAND'S GREAT WALKS



Department of
Conservation
Te Papa Atawhai



get out & walk



Like most New Zealanders, Air New Zealand is proud of our natural environment. We're even in awe of it. We should probably also spend less time talking about it and more time actually wandering through it.

In that spirit, we joined forces with the Department of Conservation to protect and preserve some of our country's most inspiring natural locations. We're helping to enhance biodiversity on New Zealand's Great Walks. They're places every Kiwi should experience. Go explore them at airnz.co.nz/greatwalks then get out and walk.

Image: Kepler Track.

A STAR ALLIANCE MEMBER

Bringing back our birds



tieke/saddleback. Photo: DOC



kōkako. Photo: DOC



takahē. Photo: Jo Robertson



Rakiura tokoeka/kiwi. Photo: Tui De Roy



whio/blue duck. Photo: Herb Christophers



mohua/yellowhead. Photo: DOC

The Air New Zealand Great Walks Biodiversity Project has already initiated intensive pest control and species management work at sites along four of the nine Great Walk tracks – Rakiura, Milford, Routeburn and Lake Waikaremoana.

This project will help to put takahē back on the Milford Track, kōkako around Lake Waikaremoana, and restore populations of other native birds like kiwi, whio, mohua and robins along the Routeburn and Rakiura tracks.

Kiwi, robin and pāteke releases marked the first translocations as part of the project's long-term species restoration plans. Over a five-and-a-half-year period, the Air New Zealand Great Walks Biodiversity Project will fund conservation initiatives that, along with restoring track habitats, also aim to:

- Establish new Rakiura tokoeka/kiwi and robin populations on the Rakiura Track
- Reintroduce takahē and pāteke/brown teal to the Milford Track
- Reintroduce tieke/saddleback and kōkako to Lake Waikaremoana
- Restore populations of whio/blue duck and mohua/yellowhead in the Routeburn Valley

In the future, it is hoped that visitors will be able to see some of our rarest native birds, some of which have not been seen for over a century, on these premier walking tracks.

For more information visit: doc.govt.nz/airnewzealand



Pāteke/brown teal release, Arthur Valley, Milford Track.
Photo: Graham Dainty



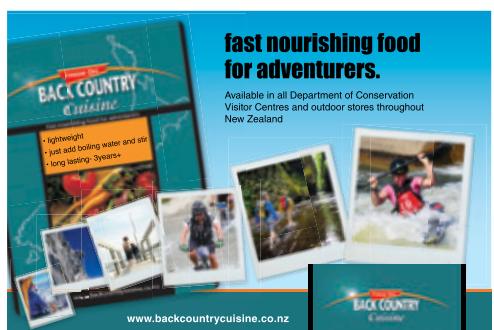
Book now! greatwalks.co.nz

Visit the Great Walks website or contact your nearest DOC Visitor Centre for further information and bookings.

P: 0800 NZ GREATWALKS (0800 694 732)

E: greatwalks@doc.govt.nz

W: greatwalks.co.nz



1

Lake Waikaremoana

Duration: 3-4 days | Distance: 46 km

Journey deep into New Zealand's last frontier, a land cloaked in mist, mysticism and pre-historic rainforest. Home of Nāi Tūhoe, the area is steeped in Māori history and legend. Trace the shoreline of Lake Waikaremoana, the 'sea of rippling waters', pass giant podocarp trees and remote beaches. Ascend to the top to enjoy breathtaking views from Panekire Bluff, and when the moon sets, gaze up at the starry sky and hear kiwi calling in the ancient forest.

Location: Te Urewera National Park, east North Island

Nearest towns: Rotorua, Napier, Wairoa, Gisborne



Huts:
\$32
adult/night

4

Abel Tasman Coast Track

Duration: 3-5 days | Distance: 55.2 km

Blessed with a mild climate, golden beaches and lush coastal native bush—walk, kayak or water taxi at any time of the year. This walk offers up a scenic treat around every corner, including sculptured granite cliffs and crystal clear waters. Tonga Island Marine Reserve provides excellent opportunities to see wildlife up close and swim, snorkel or kayak. The track is an easy coastal walk for families with half- or multi-day options.

Location: Abel Tasman National Park, north-west South Island

Nearest towns: Nelson, Motueka, Takaka



Huts:
\$32
adult/night

2

Tongariro Northern Circuit

Duration: 3-4 days | Distance: 43 km

Let your excitement rise at the thought of walking at the foot of volcanoes! The Tongariro Northern Circuit winds its way over Mount Tongariro and around Mount Ngauruhoe, showcasing the spectacular volcanic terrain of this natural and cultural World Heritage Area. See unique and stunning landscapes including active volcanic craters, brilliant blue lakes, steaming geothermal areas and glacial valleys. A place of extremes and surprises!

Location: Tongariro National Park, central North Island

Nearest towns: Taupo, Turangi, Ohakune, Waiouru



Huts:
\$32
adult/night

3

Whanganui Journey

Duration: 3-5 days | Distance: 145 km

The Whanganui River winds its way from the mountains to the sea through a landscape of lush green hills and bush-clad valleys. Drift at your own pace in a canoe and visit the famous Bridge to Nowhere. Journey through this otherwise remote area on a multi-day canoe or kayak trip. Experience the scenic beauty, history and cultural significance of the Whanganui River to local Māori. The shorter 3-day river trip is a popular option.

Location: Whanganui National Park, south-west North Island

Nearest towns: Whanganui, Taumarunui, Ohakune



Huts:
\$32
adult/night

7

Kepler Track

Duration: 3-4 days | Distance: 60 km

An adventure above the clouds! From the gentle beech-forested shores of Lakes Te Anau and Manapouri to the exposed alpine tussock lands and grand Mount Luxmore. On top of the world, you'll enjoy panoramic alpine views of the mighty Kepler Mountains on one side, and shimmering lakes, pristine rivers and vast valleys on the other. Wake to a glorious sunrise from Mount Luxmore Hut before descending to the forest floor and the end of your journey.

Location: Fiordland National Park, south-west South Island

Nearest towns: Queenstown, Te Anau and Invercargill



Huts:
\$54
adult/night

8

Milford Track

Duration: 4 days | Distance: 53.5 km

Experience the grandeur of the Milford Track, located in beautiful Fiordland National Park. Mountains soar from the ocean floor and waterfalls cascade down rock faces laced with ferns. Rugged mountain peaks and breathtaking sheer canyons will inspire as you traverse magnificent Mackinnon Pass. Descend through lush green native rainforest before reaching your final destination—Milford Sound/Piopiotahi.

Location: Fiordland National Park, south-west South Island

Nearest towns: Queenstown, Te Anau and Invercargill



Huts:
\$54
adult/night

9

Rakiura Track

Duration: 3 days | Distance: 32 km

Escape on an island adventure and enjoy the tranquility of Stewart Island/Rakiura. New Zealand's only island national park is easy to get to and can be enjoyed all year round. Revel in the peaceful surroundings with the bush, birds and beach at your side. Visit early Māori and European historical sites along the way, then, as the sky glows red and darkness falls, the call of the waking Rakiura tokoeka/kiwi can sometimes be heard.

Location: Stewart Island/Rakiura

Nearest towns: Invercargill (20 min flight) or Bluff (1 hr ferry)



Huts:
\$22
adult/night



Heaphy Track.
Photo: DOC/90 Seconds



Tongariro Northern Circuit.
Photo: DOC/90 Seconds



Kepler Track.
Photo: Rob Suisted (naturespic.com)



Rakiura Track.
Photo: DOC/90 Seconds



Routeburn Track.
Photo: Keri Moyle (signsoflife.co.nz)

Take a walk, a Great Walk, through some of New Zealand's most awe-inspiring landscapes.

Managed by the Department of Conservation, New Zealand's nine Great Walks are premier tracks that pass through diverse and spectacular scenery. From native forests, lakes and rivers to rugged mountain peaks, deep gorges and vast valleys...there's a Great Walk for everyone!

Paddle down the river on the Whanganui Journey, explore Tongariro Northern Circuit's varied volcanic landscape and trace the shoreline of shimmering Lake Waikaremoana.

Discover beautiful bays and golden beaches on the Abel Tasman Coast Track, journey from the forest to the coast on the Heaphy Track, and traverse the magnificent Southern Alps/Kā Tiritiri o te Moana on the Routeburn Track. Enjoy spectacular alpine vistas on the Kepler Track, be blown away by the grandest of scenery on the Milford Track and spot kiwi in the wild on Stewart Island's Rakiura Track.

Great Walks are accessible from major towns and tourist centres that are well serviced by local operators and accommodation and transport providers.

Are you ready to **Get out & walk?**

We would love to help you plan your Great Walks adventure!

Call us on 0800 694 732 or book online at greatwalks.co.nz



Milford Track.
Photo: Graham Dainty
Cover image:
Lake Waikaremoana.
Photo: DOC/90 Seconds

Plan and prepare

It is **important** to plan and prepare for your trip and be well equipped on a Great Walk.

Before you go, know **The Outdoor Safety Code**—5 simple rules to help you stay safe:

1. Plan your trip
2. Tell someone
3. Be aware of the weather
4. Know your limits
5. Take sufficient supplies



- Book your trip well in advance including your accommodation, transport and transfers to the start/end of the track.
- Safety is your responsibility—leave your trip details with a trusted contact. See adventuresmart.org.nz.
- Weather on the track is changeable and there is an avalanche risk on some tracks, so be prepared and check the forecast before you go. See metservice.com.
- A good level of fitness is required to walk all of the Great Walk tracks. You can expect to walk up to 6 hours a day, depending on your fitness and weather conditions; and carry a pack of up to 15 kg for the whole length of the track.

- The right outdoor clothing, gear and equipment will greatly improve the enjoyment of your trip. Pack all necessary equipment, your own food and drinks (including an extra day's supply) and personal effects. Food and drinks are not available for purchase at Great Walks huts and campsites.

The Great Walks experience

- Great Walks tracks are well formed and easy to follow with plenty of directional signage.
- While most people prefer to explore the great outdoors on their own terms and at their own pace, **guided trips** are a great option if you're looking for a Great Walks experience with a bit more comfort and style! Guided trips provide a local guide with local knowledge and may include cooked meals, hot showers and comfortable beds in private lodges—plus less weight in your backpack.
- **Independent walkers** carry all their own gear, cook their own meals and stay in huts with shared facilities, or in designated campsites. Great Walks huts are more comfortable and better equipped than huts on other tracks. Great Walk tracks are popular, especially during summer, so booking in advance is recommended.

Before you go, check out greatwalks.co.nz

- Online booking • Guided options
- Safety information • Comprehensive gear list